



MENOPAUSE: YOUR HIDDEN BUSINESS RISK FACTOR?



FACT: 1 in 8 women resign during menopause; another 2 in 8 want to.

We help you secure your valuable talent

Perimenopause, Menopause and Burnout have a lot in common. Is your workplace at risk of psychosocial injury claims and losing female leadership?

Sage's Team of health professionals can help you to manage this risk by:

- Enacting a dedicated menopause policy and wellbeing strategy
- Creating open communication channels
- Enabling a supportive and non-judgemental workplace culture
- Providing flexible working arrangements
- Making workplace adjustments such as adapting uniforms, PPE and duties
- Offering evidence-based programs and support for stress, sleep, anxiety, weight, and that help women to prioritize self-care
- Training ambassadors to support menopause-friendly policies, culture and programs.

By transforming the physical and mental wellbeing of your female talent, you can increase impact, retain staff and promote your brand.

We're here to help - book a good fit call: <https://calendly.com/sagewomenshealth/30min>



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